



# ADAPTIVE CLOTHING

## AUSTRALIA

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**We don't just make clothes, we create solutions.**

More than clothing - we offer caring, life-enhancing solutions to make dressing easier. Designed with both carers and users in mind, our custom adaptive wear simplifies the dressing process. Our garments bring ease, dignity, and a touch of style for those with mobility and health concerns.

Servicing the needs of aged care residents, healthcare professionals and carers nationally.



**Welcome to Adaptive Clothing Australia (ACA)** - your partner in custom adaptive clothing designed to simplify daily life for individuals with unique health and mobility needs.

### **Ease in Dressing & Undressing**

We understand the challenges faced by carers and those they care for during dressing and undressing. Our goal is to reduce the time, effort, and frustrations often associated with conventional clothing, enhancing comfort and dignity.

### **Healthcare-Focused Adaptations**

Our garments come with innovative features such as catheter access, body bag inner pockets, and healthcare access to any part of the body. These adaptations facilitate easy dressing and healthcare needs without necessitating complete garment removal.

### **Inclusive Sizes & Styles**

At ACA, we embrace diversity in body sizes, catering up to 350 kg, including pannus support. This guarantees everyone can find comfortable and stylish clothes that fit just right.

### **Adaption of Existing Clothing**

We understand some prefer to wear their own garments due to their comfort and perfect fit. In addition to manufacturing new garments, ACA also offers a service for adapting clients' existing clothing, which is a popular choice with our customers.

As you browse our brochure, you'll discover our varied offerings tailored to promote ease, comfort, and dignity. We hope to resonate with your needs or those of the individuals you care for.

### **We Care**

At ACA, we're here because we care. We're more than a clothing company. We're committed to enhancing lives through our products, promoting an easier, more comfortable everyday experience.

Thank you for considering Adaptive Clothing Australia. We look forward to serving you.

Kind regards,

### **Kim Piper**

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# Velcro Adaptions

Velcro closures eliminate the struggles of traditional fastenings and can withstand regular usage and multiple wash cycles. Easy to manipulate, they're perfect for those with limited dexterity or strength. Particularly useful as back closures, Velcro fastenings streamline the task for carers assisting those with reduced mobility.

## ✓ BENEFITS

**Versatility:** Adaptable to various clothing types  
- tops, shirts, pants, dresses, pajamas.

**Flexible Placement:** Fits all garment parts  
- sleeves, collar, front, back, and sides.

**Accessibility:** Ideal substitute for those struggling with buttons or zippers.

**Renewable:** Velcro can be refreshed, ensuring long-term functionality.

## CONSIDERATIONS

**Potential irritation:** May irritate some skin types if frequently rubbed against.

**Lifespan:** Typically lasts up to 3,500 openings and closings before needing replacement.

## WASHING INSTRUCTIONS

Ensure loops are fastened tightly to avoid collecting fluff.





# Magnet Adaptions

Magnetic fastenings provide an ideal solution for those who struggle with small buttons or zippers. Strong yet easily separable, these fastenings offer an easy dressing and undressing experience, requiring only a simple pull or alignment to secure or open. Safe, durable, and washable.

## ✓ BENEFITS

- Ease of Use:** Virtually effortless to open and close.
- Versatility:** Adaptable to most garment types.
- All ages:** Suitable for both children and adults.
- Secure fastening:** Provides a secure magnetic hold for every day wear.

**WARNING:** Implanted cardiac devices are impacted by magnets.

## CONSIDERATIONS

### Laundry Care

Requires a specialised washing method.

### Physical Activity

May detach during strenuous physical activity.

## WASHING INSTRUCTIONS

### Laundry Bag

Always wash magnetic clothing in a laundry bag.

### Delicate Cycle

Choose the delicate cycle on your washing machine.

### No Spinning

Avoid using the spin cycle.

### Heat Control

Do not exceed a washing temperature of 80 degrees Celsius, as excessive heat can demagnetise the magnets.





# Press Stud Adaptions

Press stud closures are a timeless and reliable feature in adaptive clothing, prized for their practicality, durability, and longevity. They offer a simple yet secure closure method that stays firmly in place even during active movement. The perfect blend of functionality and simplicity.

## ✓ BENEFITS

- Choice of Material:** Choose plastic or metal studs.
- All ages:** Suitable for use by children and adults.
- Durability:** Known for their long-lasting and durable nature.
- Ease of Use:** Simple to open and close, facilitating dressing and undressing.



## CONSIDERATIONS

**Heat Sensitivity:** Prolonged exposure to sunlight may heat the studs.

**Choking Hazard:** If not securely attached, they may pose a choking hazard for small children. (Rest assured, we at ACA guarantee safe and secure attachment for peace of mind.)

## WASHING INSTRUCTIONS

We use studs that can handle industrial washing processes including dryers.

However, snaps need to be joined to avoid catching on side of washing and drying machines.



# Pyjama Adaptions

Adaptive pyjamas can be customised with various fastening options, including Velcro, studs, or ties, to meet individual needs and preferences. Adaptations can be made for both shirts and pants, with back or front opening options for shirts and single or two-sided opening options for pants. Our mission is to make bedtime routines easier and more comfortable



**Example of two-sided opening for pyjama shorts.**

## ✓ BENEFITS

**Highly customisable:** Pyjamas can be adapted with multiple openings for complete ease when dressing.  
**Support a good night sleep:** Sleep well in comfort with a choice of closures depending on your preference.

## WASHING INSTRUCTIONS

Refer to individual washing instructions depending on the choice of closure.

To maximise garment longevity and reduce lint catching, join Velcro before washing. Can handle industrial washing processes.



# Tie Adaptions

Tie adaptations provide a versatile solution, particularly well-suited for dresses and blouses. Strategically designed to aid carers in the dressing process, rather than focusing on self-dressing by the wearer. Ties can be placed at various locations on a garment, such as at the back as shown above, with placement depending on the unique needs of the carer and wearer. For instance, mid-back placement would be an ideal choice for a nurse caring for an individual who uses a wheelchair.

## ✓ BENEFITS

- Carer Friendly:** Designed with carers' needs in mind for easier dressing.
- Front Dressing:** Facilitates the ease of dressing and particularly well-suited for use in nursing gowns.
- Secure:** Rear ties cannot be undone by the wearer, useful in cases of dementia.
- Skin-Friendly:** Ideal for wearers with delicate skin, minimising friction and irritation.
- Customisable:** Ties come in differing lengths to accommodate specific needs.

## CONSIDERATIONS

- Length:** Excessive tie length in collar area may pose a choking hazard.
- Undressing:** Individuals prone to inappropriate undressing, especially those with dementia, may find side ties easy to undo.





# Underwear Adaptions

Our specially adapted underwear provides a solution for simplified dressing, healthcare access, and ease of bathroom assistance. Experience convenience and dignity, whether you're an individual with specific needs or a carer aiming to make daily routines smoother.

## ✓ BENEFITS

**Custom closures:** Can be adapted with studs or Velcro.

**Carer Friendly:** Ease of access by carers for healthcare purposes.

## CONSIDERATIONS

**Pressure points:** Studs, depending on the position, will bear pressure while sleeping

## WASHING INSTRUCTIONS

Refer to individual washing instructions depending on the choice of closure.

To maximise garment longevity and reduce lint catching, join Velcro before washing. Can handle industrial washing processes.

